RHYTHMS OF GRACE:

Nine Pursuits of Healthy Discipleship



Intentional Questions to Ask Each Other

Together, as we cultivate lives of worship, community and mercy at Liberti Church, here are some questions to ask one another on a regular basis. Our hope and prayer is that we would spur one another on toward love and good works and care about each other enough to ask intentional questions about our relationships with Jesus, one another, and our neighbors.

These questions are by no means exhaustive. But they are meant to help you enter into substantial and healthy dialogue about the realities and desires of your life in these nine rhythms. So use these as a springboard as you care for one another and spur one another on...

WORSHIP

1. Gathered Worship

- Are you regularly attending gathered worship?
- · What aspects of gathered worship have been especially meaningful lately? Why?
- · What aspects have felt rote, stale or empty? Why?

2. Daily Prayer and Bible Study

- · Have you spent daily time in prayer? What kinds of things are you praying for?
- Have you spent daily time in Bible reading and study? What are you reading?
- · Are these practices coming more from duty or delight right now? Why?
- When, where and how are you seeking to pray and study the Bible? Are there any changes you can make to help you in your pursuit?

3. Sabbath

- Are you setting aside one day a week to rest from your labors? What have those sabbath days looked like lately?
- What kind of rest and avocational activities are life-giving and rejuvenating right now? Why?
- What are your micro- and macro-rhythms of sabbath and rest? Is there any time on your calendar in the coming year where you are taking extended time to rest, read and pray?

4. Bodily Consecration

- · Have you taken care of your body through exercise and healthy eating? Have you gotten enough sleep?
- Have you lived with sexual integrity this week? In other words, has your sexual expression or restraint been consistent with faithfulness to the design and purposes of God?
- What have you allowed your eyes to see? What have you applied your hands to? Where have your feet taken you?

COMMUNITY

5. Relational Pursuit

- Have you spent daily time with family and friends building relationships?
 - Are you pursuing depth in existing relationships?
 - Are you keeping a place open in your life and heart for new relationships? How are you currently pursuing those?
- Have you affirmed others this week? Are you perceiving the grace of God in the lives of others and telling them about it?
- Have you brought healthy challenge to others this week? Are you perceiving the gaps and inconsistencies in the lives of others and finding ways to lovingly and graciously bring those up?

6. 'One-Anothering through Spiritual Gifts

- How has God specifically gifted and wired you? How are you seeking to steward that right now?
- Review the 55 "one-anothers" of the NT (we have lists available both digitally and in hard copy form at the welcome desk).
 - Which of the "one-anothers" are you doing well? Rejoice and encourage each other in this!
 - Which of the "one-anothers" are you neglecting or struggling in? What would repentance and faithfulness look like this week?

MERCY

7. Mission

- Is your life regularly intersecting with people who don't know Jesus? Where and how are you seeing that? How can you be more intentional there? Do you need to add or remove anything from your life in order to see this happen?
- How have you been able to show the gospel lately? In other words, where have your actions been a display of God's love and care for others?
- How have you been able to tell the gospel lately?
- For whom are you praying right now specifically that they would come to know and believe in Jesus?

Global Mission/Disciple-Making

- Scott Zeller defined discipleship as, "imparting to others spiritual good in Jesus Christ." Have you been able to impart that spiritual good to other this week? What did that look like?
- What does it look like in your life to play a part in God's mission? What does that look like locally right now? What does that look like globally? Are there any specific hopes and desires you have for what that might look like in the future?

8. Generosity

- Are you sharing what you have with others? What has that looked like recently?
- Are you winning the battle against materialism? Where is there room in your life to live more simply than you are right now? What intentional steps will it take to get there?
- Are you giving regularly, sacrificially, and generously to the local church? What does "regularly, sacrificially and generously" specifically look like for you/your family?

9. Service

- How have you been seeking to serve others?
 - What does this currently look like for you in the context of the local church?
 - Outside the local church?
- What dreams do you have about how to bless and serve your neighbors? How might you begin to put those into practice soon?
- Are you serving more out of duty or delight right now? Why?